

Materials list

I like to keep the materials list pretty relaxed. During the workshop I will work entirely with Acrylic paint, however participants can bring either oil or Acrylic medium whatever they are most comfortable with. I will reference and support other mediums too. I encourage students to use or try heavy body acrylic, but there's lots to learn whatever medium the student choose to work with.



PAINTING SUPPLIES

Over the workshop you will see me using a number of the paint brands and colors listed below, but do not feel you must mirror this setup. Bring a range of paints that you are happy with (ideally artist quality materials, try avoid student grade paints). A number of the processes I demonstrate lend themselves to Acrylic, but they are not exclusive to the medium; comparing oil and Acrylic, usually it's more a question of drying times. Bring either oils or Acrylics, whichever you are most comfortable with. **DO NOT FEEL YOU HAVE TO BRING EVERY COLOR LISTED IN THIS DOCUMENT!**

***ACRYLIC PAINT** - I use exclusively **Liquitex heavy body Acrylic**, No mediums except for occasional glaze medium. If you're bringing Acrylic paint, ideally look for thick or heavy body paints (with Acrylic I feel that's important).

Titanium White
Ivory black
Cerulean blue
Cobalt blue
Phthalo blue (green shade)
Deep violet
Naples yellow
Cadmium Yellow
Indian yellow
Yellow ochre
Sap green
Vivid lime green

Viridian
Cadmium orange or Pyrrole Orange
Burnt umber
Quinacridone magenta
Quinacridone red-orange
Cadmium red
Raw sienna
Cobalt teal
Cobalt turquoise
Brilliant purple
Brilliant blue

In recent years, I've painting 90% plus in Acrylic, this heavy use of one medium has naturally refined down to a shorter list of colors, for your own curiosity, here's what I use a lot (all colors are Liquitex names, but other brands have the same colors in other names <to keep us artists confused>)

Titanium White, (often)	Green gold, (often)
Ivory black, (often)	Vivid lime green, (occasional use)
Cerulean blue, (occasional use)	Light green permanent, (often)
Cobalt blue, (often)	Quinacridone magenta, (often)
Manganese blue, (occasional use)	Quinacridone red-orange, (occasional use)
Deep violet, (often)	Cadmium red, (often)
Brilliant purple, (often)	Turquoise deep, (often)
Brilliant blue, (often)	Raw sienna, (occasional use)
Cadmium Yellow, (often)	Cobalt teal, (often)
Indian yellow, (often)	Pyrrrole Orange, (occasional use)
Turner yellow, (occasional use)	

***OIL PAINT** ~ I use mostly Sennelier oil paints (listed below) along with some colors from Winsor Newton, but with oils (shockingly) I do jump around. I dilute with turpentine or odorless mineral spirits. I don't personally use other mediums, gels etc.

Titanium White	Sap green
Ivory black	Viridian or Pthalo Green
Cerulean blue	Permanent bright green
Cobalt blue	Cadmium orange
Prussian blue	Cadmium red
Cobalt violet	Alizarin crimson
Manganese violet	Raw sienna
Naples yellow	Burnt umber
Cadmium Yellow	Gold ochre
Yellow ochre	Quinacridone magenta
	Cobalt teal

•**BRUSHES** ~ I'll use a lot of Filberts, between sizes #7 – 12; the larger the better. Flats are also ok. Personally I'm less keen on rounds. Also bring a 3 size round brush, but mostly bring good sized brushes. I prefer natural 'bristle hair' brushes, not synthetic brushes. If students use synthetic brushes, why not buy a single natural hair brush to try it out and compare (they don't have to be expensive)?

•**PALETTE KNIFE** ~ A handy tool to have for scraping, but I won't be painting with it.

•**EASEL** ~ check if the studio provides these, or bring your own travel easel?

•**PALETTE** ~ a travel palette of your choosing, nothing too large, or too small. Around 10-15 inches wide is enough to work with. Toned is best, gray or wood. (Ideally, no white plastic/paper – this is difficult to judge color on, especially outdoors).

•**MEDIUM ~ ACRYLIC** - I sometimes use a little Acrylic glaze medium.

•**OILS** ~ Odorless Mineral Spirits, Gamsol, etc. Bring whatever mediums you wish & feel comfortable with.

•**BRUSH WASHER** ~ 8 oz. size to contain your medium. For cleaning my acrylic brushes I use a cake of brush soap.

•**SURFACES** ~ Gessoed canvas boards (art stores carry Fredrix, Utrecht, etc.) or wooden panels (again gessoed). I would suggest you bring **2-3 panels** at a size no larger than **24" x 18"**, but around that size. *(Judge sensibly, if you feel you're a fast and loose painter, then bring a couple more).*

Please, also bring a few pieces of chipboard to paint on. Most art stores carry sheets of these for a couple of bucks (it's the same material that's on the back of sketchpads), but a heavier ply. Bring 2 or 3 sheets of this around 24X18 in size. **OR** if you cant find that in your local store look for gessoed card, again very cheap and again cut these to the appropriate size. A heavy mixed media paper can also work? I often use a block of Bristol board for exercises and tests. *The important thing to note is you want a hard support that is inexpensive. Please again, no larger than 24" x 18" and no smaller than 8X10, any sizes between these ranges are fine. (Note if 24 X 18, sometimes we will divide these up as we work and do multiple exercises on one sheet/panel. (ALSO, if you have chipboard, and access to white gesso, you can paint a couple of coats of this before class, though it's not essential).

•**PAPER TOWELS** ~ Viva signature is a good brand (almost cloth-like, more absorbent than other brands). Painting rags if you prefer.

•**SKETCHBOOK** ~ a small sketch book, whatever type you like, just no need for a big one.

•**SKETCH MATERIALS** – Pencils, pens, charcoal whatever you enjoy.

•**OTHER** ~ water, tea, snacks (may not be provided)?



* *Don't worry on the day I wont be standing around with a cup of coffee, the whole day! ;-)*